



East Sussex Cycling Association

2015 President Horry Hemsley – VTTA (Surrey & Sussex Group)

ESCA 25m Time Trial – Sunday 26th April 2015 – G25/89

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Start Sheet

Event Secretary

Chris Parker (Hastings & St Leonards CC)

65 Reedswood Road, St Leonards on Sea, East Sussex TN38 8DW

Tel 01580 200016 / 01424 715561 **Mob** 07902 630574

Email Work christopher.parker@bis.gsi.gov.uk **Email Home** chrisparkerpett@aol.com

N.B. if urgent, email both addresses / phone both land lines if you cannot get my mobile

Timekeepers

Mick Kilby (Lewes Wanderers CC)

Richard Meed (Lewes Wanderers CC)

General Information

Event HQ: Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 6:00am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

Car Parking: There is limited parking at the Hall, when full please park sensibly in the hall side of the lane with consideration for other road users and local residents.

Race Numbers: Numbers will be available at the event HQ. Please collect your number when you sign on. After the event please return your race number to the HQ in exchange for a cup of tea or coffee.

Start: The start is less than a mile from the hall. Proceed out of the car park back to the B2026 and turn left, and continue towards Lampool Roundabout.

Prizes: Cash prizes will be awarded at the HQ immediately following the event.

This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: Counts towards the fastest junior, fastest lady, fastest rider under 60 minutes and the fastest team of three from an ESCA affiliated club over 25 miles – the best performance at either this, or the **September 25**, will be eligible for these awards at the annual prize presentation in January 2016

ESCA BAR: Qualifying event for all the Best All Rounder competitions.

Prize List

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00
Fourth	£15.00
Fifth	£12.00
Sixth	£8.00

Fastest Lady

First	£15.00
Second	£12.00
Third	£10.00

Fastest Jun/Juv

First	£10.00
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Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 – 69	£10.00
70 and over	£10.00

Fastest Team of 3

First	£10.00 ea
Second	£8.00 ea

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Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

Results: No times will be given out at the finish.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Please pin your number here



Course Details

OS Ref	Course G25/89	Distance
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m

Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

Visit our website eastsussexca.org.uk Find us on facebook www.facebook.com/groups/EastSussexCA

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Order of Start

Race No.	Start Time	Rider	Club	Age	Cat	Notes
21	07:21	Tom Norris	Hastings & St. Leonards CC	46	V	
22	07:22	Simon Yates	Lewes Wanderers CC	63	V	
23	07:23	Peter Eames	Eastbourne Rovers CC	52	V	
24	07:24	Tom Houghton	Brighton Excelsior CC	43	V	
25	07:25	Mark Owens	Lewes Wanderers CC	54	V	
26	07:26	Colin Toppin	Brighton Excelsior CC	42	V	
27	07:27	Paul Hanratty	Lewes Wanderers CC	55	V	
28	07:28	Sam Winter	Eastbourne Rovers CC	28	S	
29	07:29	Deborah Evers	Lewes Wanderers CC	55	WV	
30	07:30	Peter Moon	Eastbourne Rovers CC	54	V	
31	07:31	Christopher Booth	Cadence Performance	26	S	
32	07:32	John Mankelow	Lewes Wanderers CC	67	V	
33	07:33					Spare no.
34	07:34	Martin Yardley	Southborough & Dist. Whs	49	V	
35	07:35	Robert Rollings	Lewes Wanderers CC	28	S	
36	07:36	Samuel Ramsey	Lewes Wanderers CC	51	V	
37	07:37	Ian Newbold	Eastbourne Rovers CC	42	V	
38	07:38	Stuart Payne	Central Sussex CC	52	V	
39	07:39	Alan Oakley	Southborough & Dist. Whs	55	V	
40	07:40	Nick Wilson	Rye & District Wheelers CC	51	V	
41	07:41					Spare no.
42	07:42	Malcolm Daly	Hastings & St. Leonards CC	55	V	
43	07:43	Richard Woodward	East Grinstead CC	53	V	
44	07:44	Clint Allen	Lewes Wanderers CC	53	V	
45	07:45	Michael Davey	Eastbourne Rovers CC	37	S	
46	07:46	Greg Turner	Horsham Cycling	42	V	
47	07:47	Ivan Johnson	Hastings & St. Leonards CC	46	V	
48	07:48	Edward Boorman	East Grinstead CC	73	V	
49	07:49	Chris Parker	Hastings & St. Leonards CC	59	V	
50	07:50	David Pollard	In-Gear Quickvit Trainsharp RT	57	V	
51	07:51	Peter Pav Bryan	Rye & District Wheelers CC	28	S	
52	07:52	Mark Amon	Rye & District Wheelers CC	50	V	
53	07:53	Doug Bentall	Southborough & Dist. Whs	49	V	
54	07:54	Benjamin Miller	Brighton Excelsior CC	24	S	
55	07:55	Mark Gidney	De Laune CC	53	V	
56	07:56	Simon Taylor	Brighton Phoenix Tri Club	51	V	
57	07:57	Andy Eaton	Eastbourne Rovers CC	53	V	
58	07:58	Jimmy Woodward	Sussex Revolution VC	35	S	
59	07:59			55	V	Spare no.
60	08:00	Matthew Woods	Eastbourne Rovers CC	43	V	
61	08:01	James Stone	Brighton Excelsior CC	46	V	
62	08:02	Jason Le Goff	In-Gear Quickvit Trainsharp RT	39	S	
63	08:03	Justin Steele	Sussex Nomads CC	56	V	

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Race No.	Start Time	Rider	Club	Age	Cat	Notes
64	08:04	Robin Johnson	Brighton Mitre	66	V	
65	08:05	Rob Pelham	Lewes Wanderers CC	38	S	
66	08:06	Michael Turner	Lewes Wanderers CC	47	V	
67	08:07	Stephen Connery	GS AVANTI - SCU	46	V	
68	08:08	Dave Brown	Lewes Wanderers CC	47	V	
69	08:09	Clive Piper	Hastings & St. Leonards CC	38	S	
70	08:10	Paul Callinan	London Dynamo	44	V	
71	08:11	Stephen Morgan	Tooting BC	47	V	
72	08:12	Greg Hunt	RT 316	48	V	
73	08:13	Joe Kingsman	Hastings & St. Leonards CC	18	J	
74	08:14	Lisa Glandfield	Lewes Wanderers CC	42	WV	
75	08:15	Iain Brogden	Eastbourne Rovers CC	46	V	
76	08:16	John Tindell	Brighton Phoenix Tri Club	28	J	
77	08:17	Geoff Smith	Eastbourne Rovers CC	64	V	
78	08:18	Lee Smith	Hastings & St. Leonards CC	42	V	
79	08:19	Howard Shaw	Eastbourne Rovers CC	29	S	
80	08:20	Nick Dwyer	Lewes Wanderers CC	51	V	
81	08:21	Matt Coombs	Lewes Wanderers CC	44	V	
82	08:22	Alan Lloyd	Lewes Wanderers CC	62	V	
83	08:23	Helen Bullimore	Trainsharp RT	42	WV	
84	08:24	Paget Cohen	Lewes Wanderers CC	42	V	
85	08:25	David Shepherd	GS Stella	54	V	
86	08:26	Simon Underwood	CC Topp	44	V	
87	08:27	George Welfare	Eastbourne Rovers CC	29	S	
88	08:28	Stephen Gaston	Lewes Wanderers CC	50	V	
89	08:29	Mark Edleston	Eastbourne Rovers CC	41	V	
90	08:30	Dan Sadler	RT 316	38	S	
91	08:31	Ian Bashford	Old Portlians CC	59	V	
92	08:32	Ben Crick	East Grinstead CC	50	V	
93	08:33	Tony Sinnett	Lewes Wanderers CC	43	V	
94	08:34	Pip Jenkins	Southborough & Dist. Whs		WS	
95	08:35	Tom Glandfield	Lewes Wanderers CC	42	V	
96	08:36	Tamar Vanderhaas	Lewes Wanderers CC	39	WS	
97	08:37	Liam Yates	Banks/Catford CC Equipe	21	S	
98	08:38	Bruce English	Eastbourne Rovers CC	50	V	
99	08:39	Chris Cowlard	De Laune CC	60	V	
100	08:40	James Lowden	Neon Velo	28	S	

East Sussex CA (ESCA) events and competitions for 2015

<http://www.eastsussexca.org.uk/15results/escacomps15.pdf>

Sussex CA (SCA) events and competitions for 2015

http://www.sussexca.org.uk/uploads/4/4/6/3/44636025/2015_sussex_ca_events_and_competitions.pdf